

# Bryon Health Center Quarterly Newsletter

Fourth Quarter 2017  
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It's Who We Care For!  
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## Christmas Celebrated In Many Ways



Byron Health Center once again enjoyed the Holiday Season, with the generous help of others, by celebrating in many different ways on many different days. Holiday events ranged from the Festival of Trees, Festival of Gingerbread, Christmas decorating, Santa's Workshop, Christmas caroling, various parties, worship services and even an indoor snowball fight!

Just after Thanksgiving, visits to the Embassy Theatre's Festival of Trees and the History Center's Festival of Gingerbread started off the Holiday Season.

Christmas decorating then began in late November. Residents and staff prepared for the Holidays by putting up Christmas trees on every neighborhood and 'hanging stockings by the chimney with care.'

Santa's Workshop gave the opportunity for residents to 'shop' for gifts to give

other residents or family members free of charge, courtesy of generous donations to the Life Enrichment Department. Members of the Resident Council even wrapped the gifts for residents for easy gift giving.

The halls of Byron Health Center were graced with the Christmas caroling voices of many different groups and organizations throughout the month of December this year. The beautiful songs were enjoyed by all and helped keep the Holidays close.

The Huntertown Lions Club were the first to host a party, although the staff, neighborhoods and Christmas Gift Angels festivities were not far behind.

Keefer Creek Baptist Church celebrated Christmas with a special service. All again enjoyed 'the most wonderful time of the year!'

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## Advanced QAPI Accreditation Received in 2017

Byron Health Center received Providigm's Advanced Quality Assurance and Performance Improvement (QAPI) Accreditation for 2017 as a skilled nursing facility actively performing QAPI activities. A small group, just over 300 centers in the United States, have earned this Advanced Accreditation. The Advanced QAPI Accreditation, presented by independent accreditor, Providigm, recognizes that we are continually assessing residents' quality of life, including managing pain, main-

taining dignity and respecting resident choice as well as quality of care issues, which include managing weight loss, infections, rehabilitation following acute injury or illness, assessing whether there are enough staff to meet resident needs and preventing readmission to hospital. We are proud to receive this accreditation which confirms our commitment to continually strive to improve the care that we give to your loved one, and to ensure that our quality systems are sound.

### Upcoming Events

- ◆ A Night of Magic
- ◆ Eggstravaganza
- ◆ Byron's Got Talent



## Thanksgiving with Keefer Creek Baptist Church

The residents and staff of Byron Health Center celebrated Thanksgiving a little early again this year thanks to the generosity of the Keefer Creek Baptist Church. Congregation members served a Holiday meal on November 20<sup>th</sup> & 21<sup>st</sup>. What started out in 2000 as a collaborative effort between several Byron Health Center staff members and Kathy Prentice of Keefer Creek Baptist Church, to celebrate a simple Thanksgiving dinner with a few residents who had no immediate family with which to enjoy the Holiday, has now become a two-day, family-style feast encompassing all facility residents and staff along with dozens of congregation members. Many Keefer Creek families traveled for over an hour to attend the event. Some from as far away as Spencerville, Bluffton or Cecil, OH. Luckily, they are all quite familiar with the Byron Health Center Eakin Family Room. Not only does the annual Thanksgiving celebration take place in the Eakin Family Room, but each week, for over twenty years now,

Keefer Creek Baptist Church has celebrated Sunday worship in the same space.

Planning efforts of the Keefer Creek Baptist Church congregation members began several weeks in advance of the event. While some congregation families volunteered to purchase and prepare food, other families made plans to 'host' a table of residents, which then became their adopted family for the evening. The main meal's menu consists of turkey, dressing, mashed potatoes and gravy, green bean casserole, rolls with butter, deviled eggs and a variety of cheese. Several different homemade pies, cookies and other baked goods are then made available for dessert. Still other congregation members, mostly the many talented youth, entertained the gathering with song and instrument. "We are thankful for being together," said Keefer Creek Pastor Michael Lederman.

## Veteran's Day



Byron Health Center celebrated our residents, team members and volunteers who are Veterans on November 10<sup>th</sup> with a special lasagna luncheon. The veterans enjoyed a special presentation from long-time volunteer John Eakin, who is also a Veteran himself. The Veterans also received individual certificates thanking each one of them for their service.



## Raising Awareness by Wearing Pink in October

Byron Health Center helped to raise funds and awareness by encouraging residents and team members wear pink on each Friday throughout the month of October as part of Breast Cancer Awareness month.

All money raised was given to the American Cancer Society in support of the BHC team at the Fort Wayne Making Strides Against Breast Cancer walk at Parkview Field on October 21<sup>st</sup>. The team joined 6,125 walkers and helped to raise \$265,752 at the event.

In addition, Byron Health Center Director of Marketing & Public Relations John Drebenstedt was asked to be part of the Real Men Wear Pink campaign. John joined nearly 40 area men in raising over \$40,000. He dyed his hair pink and wore pink every day in the month of October, raising \$2,500 to benefit the American Cancer Society.

Unfortunately, our usual participation in the Pink Glove Dance did not come to fruition in 2017 as Medline, the company that puts on the contest, chose not to continue the challenge.





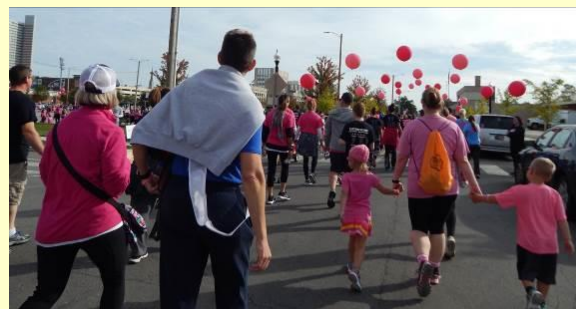
*Team members & residents wore pink every Friday in the month of October to raise awareness of Breast Cancer. (above)*

*Byron Health Center Director of Marketing & Public Relations John Drebenstedt was a part of the Real Men Wear Pink campaign. (below)*



## Making Strides Against Breast Cancer

Byron Health Center team members and their families participated in the Making Strides Against Breast event which took place in downtown Fort Wayne at Parkview Field on October 21<sup>st</sup>. Eight people completed the 5K walk while several others donated funds to the American Cancer Society and helped to raise awareness by wearing pink throughout the month of October.



## Trunk-O-Treat

Byron Health Center hosted Trunk-O-Treat presented by HTS Healthcare Therapy Services and GrandView Pharmacy & Health Care in Friendship Corner courtyard and our parking lot on October 26<sup>th</sup>. What could be better than cars and candy bars? Team members, residents and family, along with special guests, the Fort Wayne Corvette Club and Eel River Elementary school students and PTA, passed out plenty of candy which brought trick-or-treaters out to enjoy the pre-Halloween Trunk-O-Treat fun among the parked cars with decorated trunks.

Over 700 members of the community enjoyed Trunk-O-Treat which also included a fire roaring in the fire pit and s'mores. Attendees were invited to warm up in the Eakin Family Room with hot chocolate and catch a spooky movie on the big screen TV. The Wyss Farm Enterprises straw bale maze will also provide fun and frolic for area children. The fun-filled fall evening for all was free of charge.

Several local mascots, including the Fort Wayne Derby Girl's Mean Jean, the Fort Wayne TinCaps' Johnny

TinCap, Crazy Pinz's Stryker the Parrot, the Three River's Festival's Admiral Andy, the Indiana Tech Cheerleaders and the Fort Wayne Fire Department's Spatz attended the event along with both the Hometown Fire Department and Fort Wayne Fire Department.

Candy for Trunk-O-Treat was generously provided in part by several Byron Health Center friends and partners as well as members of the Byron Health Center staff.

Generous sponsors included HTS Healthcare Therapy Services, GrandView Pharmacy & Health Care, Indiana Tech, ProStrip Professional Metal Refinishing Goodwill, Core Benefits, B & B Copy Systems, Gordon Food Service, Rosie Scranton, Barb Richards and MKM architecture + design.

Our community events are designed to invite the community to spend some time on our campus in an enjoyable and family-friendly way. We also strive to be a great community partner that is willing to give back to those who have given so much to us.



Byron Health Center  
12101 Lima Rd  
Fort Wayne, IN 46818

Phone:  
(260) 637-3166

Fax:  
(260) 637-3536

E-mail:  
info@byronhealth.org



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## Walk to End Alzheimer's

Byron Health Center residents and team members participated in the Walk to End Alzheimer's on October 7<sup>th</sup> in downtown Fort Wayne at Parkview Field. Byron Health Center also sponsored the event which raises funds and awareness about the disease for the Alzheimer's Association. This is the 5<sup>th</sup> year that Byron Health Center has participated in the event. The Alzheimer's Association provides information and support for those with Alzheimer's disease free of charge.



## Fort4Fitness Senior Marathon & 4-Mile Walk

Byron Health Center residents and staff enjoyed participating in the 2017 Fort4Fitness. Several residents participated in the Seniors Marathon, which had them incrementally walk the 26.2 miles of a marathon throughout the summer months, completing the final mile on September 29<sup>th</sup>. Another group of about 10 participated in the 4-Mile event where they were able to "Walk with Ashley" as she again completed her goal of finishing the event.



Byron Health Center was also a Charity Partner of Fort4Fitness and has been part of the Charity Partner program since 2014.

Byron Health Center  
12101 Lima Rd  
Fort Wayne, IN 46818

