

Bryon Health Center Quarterly Newsletter

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A Night of Magic

Byron Health Center hosted 'A Night of Magic' on March 8th as members of The Fort Wayne Magic Club hit the stage for a multi-focus magical event in the Eakin Family Room. Entertainers included Dick Stoner, Gerry Armstrong, Jim Reams, Boe Powell, Joe DeJarnett, Wayne Hill and James Mitchell, who also hosted and MC'd the event.

Residents and their families, guests and team members all enjoyed a unique, multi-dimensional magic show designed with the entire family in mind. Parents and grandparents had just as much fun, if not more, than their children and grandchildren. 'A Night of Magic' was free and open to the public. About 75 people attended the event.

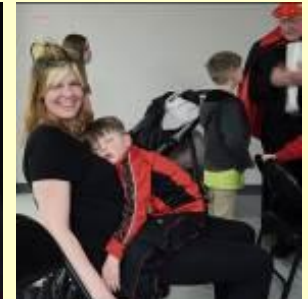
The magicians made a point to interact

with the crowd during 'A Night of Magic'. Attendees delighted in the 'up close and personal' card tricks, illusions, escape act and other fun presentations. Several audience members were asked to participate throughout the evening. The show kept everyone wondering and talking about it for days afterwards. "A Night of Magic was a great event for families to enjoy an evening out together," said Nichole Miller, Byron Health Center's Director of Life Enrichment. "Families were enthralled with The Fort Wayne Magic Club and their unique mix of comedy and magic."

Complimentary refreshments were also available during the performance courtesy of the Life Enrichment department.

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Not Taking Antibiotics for Granted

Taking antibiotics when you don't need them are like leaving the lights on all of the time. The lights may burn out, leaving you in the dark when you most need them. If you use antibiotics when you don't need them, they may not work when you get sick.

Antibiotics can help the body fight infections caused by germs called bacteria, but they are not miracle drugs to be used to cure everything. Antibiotics are not useful with an infection caused by a virus, such as a cold, bronchitis, the flu or most types of diarrhea.

Overuse of antibiotics can allow some bacteria to become resistant to the germ killing effect. The more often you use an antibiotic, the greater the chance that

the germs will become resistant.

Byron Health Center has partnered with GrandView Pharmacy and our Medical Director, Dr. Dan Chaffee, in an Antibiotic Stewardship program that explains the benefits and harms of antibiotics with our residents and their caregivers. The Antibiotic Stewardship program makes conscious efforts to not use antibiotics when they are not needed.

Antibiotics can be helpful, but are not always useful or needed. Our Antibiotic Stewardship program helps confirm we are using antibiotics only when they are needed.

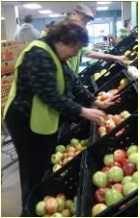
Upcoming Events

- ◆ Mother's Day Tea
- ◆ May 17th Picnic
- ◆ Father's Day Fun
- ◆ Corvette Car Show

GRANDVIEW
PHARMACY



Byron Health Center residents and staff assist with preparing the SCAN Brown Bag Lunch fundraiser. (above) Community Harvest Food Bank and the Allen County SPCA are always favorite volunteer stops. (below)



Volunteering Continues into New Year

After Byron Health Center celebrated 50 years as a licensed nursing home in 2016 by performing 50 Acts of Kindness, our residents and staff continue to volunteer and give back at various places in 2017. Both the Allen County SPCA and Community Harvest Food Bank have already received our helping hands twice in the New Year, while the Stop Child Abuse & Neglect (SCAN) 32nd Annual Brown Bag Lunch fundraiser also received volunteer assistance from our residents and staff.

Giving back to the community continues to be a constant Byron Health Center social accountability ambition. Helping

to stock shelves at the Community Harvest Food Bank, spending time with animals at the Allen County SPCA or preparing items for a SCAN fundraiser allows our residents and staff to assist Byron Health Center in being a positive community partner.

Our residents and team members continue to feel productive and enjoy the opportunity to give back, knowing that the community has been so generous to Byron Health Center throughout the years. Volunteering and giving back to the community remain part of our culture throughout the Byron Health Center family.

Over 100 people attended the 2017 Byron's Got Talent event.



Byron's Got Talent

Byron Health Center highlighted the talents of residents and staff during the 4th annual Byron's Got Talent event on March 19th in the Eakin Family. Fifteen different acts performed for a crowd of over 100 people. Entertainment ranged from The Beatles, Johnny Cash and Elvis tunes to newer songs from artists like Beyonce and Rachel Platten.

The two-hour event was hosted by Fort Wayne's very own Jack Hammer, Executive Director of the Three Rivers Festival. As a lifelong MC, entertainer and musician, Hammer has shared the stage with some of the biggest names in Rock & Roll. Now he has shared the stage with those in Byron's Got Talent.

"I'm just so proud of everyone that participated in Byron's Got Talent," said Byron Health Center Director of Life Enrichment, Nichole Miller. "We are so glad to showcase the many wonderful talents of our residents and staff!"

Participating acts were assessed on performance, presentation, production and originality by several celebrity

judges including WANE TV Chief Meteorologist Nicholas Ferreri, Fort Wayne CW Station Manager Barb Richards, K105 On-Air Personality Aricka McCauley and Director of the Breast Diagnostic Center at Fort Wayne Radiology Marita Dwight-Smith as well as a 'super-secret' Byron Health Center staff judge: Tina Seale.

Susan Sullivan, a resident at Miller's Place, received special recognition as the Most Entertaining Solo Act with her performance of *Rainy Days and Mondays*. The 'Single Ladies,' made up of Julie Bidwell, Jennifer Patterson, Janel Welch and Kathy Hess, along with Mellissa Greenwood and Alexis Phelps, received special recognition as the Most Entertaining Group Act for their performance of the *All the Single Ladies*. Another group consisting of: Tammi Philips, Janel Welch and Maryann Smith, along with several others, received special recognition as the Most Original Act with their performance of *Fight Song*. 'Cowboy' Judd Hargis received special recognition as the Audience Choice Act by performing *Folsom Prison Blues*.

Welcome Kelli Rodriguez, RN: Director of Nursing

Byron Health Center is excited to announce that Kelli Rodriguez, RN, has been chosen to lead our Nursing department. Kelli now serves our residents and staff as the Director of Nursing. For over 8 years now, Kelli has been a part of the Byron Health Center team. She was a floor nurse for three years as an LPN before spending the next three years specializing on care plan development. In 2015, she stepped into the MDS Coordinator role and shortly thereafter, completed her studies at Ivy Tech to become an RN.

Kelli originally discovered her passion

for Byron Health Center when she spent clinical class time here on campus as a nursing student. Straight out of school, Kelli spent time at a few other area nursing homes before returning to Byron Health Center in 2009 and the original call she felt during clinical classes those years past.

Kelli has been married for 11 years. The couple have a year & ½ year-old son. When she isn't concentrating on the needs of the residents and Nursing staff at Byron Health Center, she enjoys spending time with her family and 7 year-old Labrador retriever.



Kelli Rodriguez, RN, is our new Director of Nursing.

Saint Patrick's Day Fun Enjoyed by All

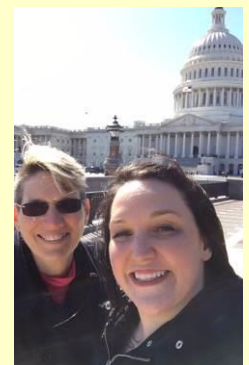


The luck 'o the Irish and the wearing of the green by Byron Health Center residents and staff helped celebrate Saint Patrick's Day during an afternoon of fun and frolic. There were drinks of green along with mint flavored refreshments and games which also helped to prove that everyone is a little bit Irish Saint Patrick's Day.



Leaders Descend on Washington DC with LeadingAge During PEAK

Byron Health Center CEO Deb Lambert and Assistant Administrator Sarah Starcher-Lane attended the LeadingAge PEAK Leadership summit where like minds and divergent thinkers came together to explore the strategies and best practices needed to respond with quality to the ever-changing needs of the aging population and visit our political representatives including Indiana 2nd District Congresswoman Jacqueline R. "Jackie" Walorski with LeadinAge Indiana President & CEO Mike Rinebold.



Mardi Gras Celebrated

Byron Health Center residents and staff enjoyed an afternoon of revelry on Fat Tuesday during a Mardi Gras party hosted by Life Enrichment.

Customary paczkis and other refreshments were enjoyed along with traditional zydeco music that was performed by Jay and Patrice. Games were played and the event ended with a ceremonial parade throughout the building.

Fat Tuesday, or Mardi Gras, the day before Ash Wednesday, culminates in celebration before the ritual fasting of Lent.





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Silvia Nino Joins Resident Engagement

Please help welcome Silvia Nino to our Resident Engagement department. She instantly fell in love with Byron Health Center and spent 2 years as a CNA before spending the past year as a Restorative Aide. She now continues to serve our residents as our Resident Engagement Specialist, concentrating her time on our Memory Care Neighborhoods.

She plans on completing her Associates degree in Human Services at Ivy Tech Bachelors shortly and then continuing her education with a Bachelors in Human Services and Masters in Psychology at Indiana Tech.

In her free time, she enjoys DIY crafts and outside activities, including volleyball and playing with her dog, Pork Chop.



“So Long” Said to Long-Time Team Member

Long-time custodian Paul Lee retired in March with an afternoon party which was attended by residents, staff and special guests including Paul’s wife, Patricia. A cake thanking Paul for his 14 years of service to Byron Health Center was enjoyed by all. Paul, an avid Colts fan, also received a special gift of Colts fan gear, including a golf shirt and ball cap.

In a short speech, Paul thanked everyone for making his time at Byron Health Center so memorable and encouraged all to continue that great things we are doing.



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