



# Byron Health Center Newsletter

End of 2<sup>nd</sup> Quarter  
2014

WWW.BYRONHEALTH.ORG | 260-637-3166 | BYRONHEALTH@BYRONHEALTH.ORG

IN THIS ISSUE

## Community Joins Byron Health Center at Premier Easter Egg Hunt & Earth Day Celebration

### Over 350 Come Out to Enjoy Free Family-Friendly Event

Byron Health Center hosted an Easter Egg Hunt & Earth Day Celebration on the Byron Health Center Campus grounds, 12101 Lima Rd in Fort Wayne, this past Saturday, April 19<sup>th</sup> from 1:00 to 3:00 p.m. Byron Health Center residents and staff spread Easter Eggs through the courtyard area of the campus. Over 350 Byron Health Center staff, family and friends as well as members of the community attended the event to enjoy some pre-Easter fun.

Prior to the actual Easter Egg Hunt, booths were set up with snacks and activities for all to enjoy including popcorn, cotton candy, snow cones, cookies, face painting and balloon animals. The Alzheimer's Association was also on hand with information about their Walk to End Alzheimer's fundraising event coming up in Fort Wayne on September 20<sup>th</sup>. Earth Day was celebrated as children planted a seed to bring home and watch grow. Two commemorative trees were planted and dedicated to two members of the Byron Health Center Family who recently passed away: Don Faley and Father Lawrence Kramer.

Byron Health Center residents were an integral part of the event. Not only did they help fill all of the Easter Eggs with candy prior to the event, over 2,500 at last count, but they also helped to greet attendees, pass out candy and fulfill Easter Egg Prizes on the day of the event. This was certainly a fun-filled afternoon for all! Children of all ages received a special 'early' visit and photo opportunity, with Peter CottonTail, the Easter Bunny. Other local mascots, including Johnny Cougar from the University of Saint Francis, Mean Jean from the Fort Wayne Derby Girls, Don the Mastodon from IPFW and the Parrot from Crazy Pinz also made a visit. The Hometown Fire Department allowed attendees to see Engine #92 and their Emergency First Response vehicle up close and personal. Volunteers, candy and prizes for the event were provided in part by the generous staff, friends and vendors of Byron Health Center including Dan Austin and K105 WQHK FM, Combustion Mechanical, Core Benefits, DO McComb & Sons, Hometown Pest Control, Nutrition Services, Rose Ann Scranton, Summit Consultants, Tower Private Advisors, the Sisters from Preceptor Gamma Iota sorority, Parkview and DuCharme, McMillen & Associates.



### Senior CrimeStoppers Welcomed

Byron Health Center confirmed its charter membership in the nationally-acclaimed Senior CrimeStoppers program.

Page 2



### Dr. Pennington Retires

Byron Health Center says so long to dedicated optometrist.

Page 3



## Senior CrimeStoppers Program Welcomed at Byron Health Center

### Centier Bank Personnel Visit to Present Charter

Byron Health Center confirmed its charter membership in the nationally-acclaimed Senior CrimeStoppers program during a charter presentation ceremony on Wednesday, April 23rd at 10:00 a.m. at Byron Health Center, 12101 Lima Rd in Fort Wayne. Several key Senior CrimeStoppers representatives were on hand to make the presentation including Darrell Jagers, Senior Partner with Centier Bank and George Clinard, Vice President of the Senior Housing Crime Prevention Foundation. Centier Bank is the regional partner and supporter of Senior CrimeStoppers. Other representatives present at the presentation from Centier Bank included Anthony Contrucci, Director of Investment Services; Jean Hershberger, VP of Business Banking; Sharon St. Myers, Events & Program Manager; Mike Cahill, Board of Directors member and Jennifer Callison, Board of Directors member. Byron Health Center representatives that took part in the presentation included Deb Lambert, CEO; Gene Faley, Board of Directors President; Elena Walls, Assistant Director of Nursing; Matt Faley, CFO; John Drebenstedt, Director of Marketing & Public Relations; Meghan Faherty, Chief Compliance Officer; along with residents Bill Shires and Sharon Teeple.

Byron Health Center staff are taking a proactive stance by initiating this crime prevention program and therefore, stopping problems before they occur. By incorporating the Senior CrimeStoppers program, Byron Health Center offers a significant quality-of-life enhancement to



residents that improves the level of service in the community's constant effort to deliver the highest quality living experience. "We are thrilled to partner with, and become a charter member of, Senior CrimeStoppers," said Lambert. "We are thankful for Centier Bank's support and sponsorship of this program that adds another layer of safety for our residents."

By becoming a Senior CrimeStoppers member, Byron Health Center becomes its own in-house Senior CrimeStopper community. The advantages include a positive partnership with residents, families, staff and the community at large. Other benefits include specially designed personal lock boxes to safeguard personal items in each resident's living quarters; around-the-clock access to the Senior CrimeStopper special toll-free tips line with thoroughly trained operators and a complete

organizational orientation with training materials for involving residents families and staff in the community – all contributing to the success of the Senior CrimeStoppers program. "Centier Bank is very proud to be a primary supporter of Senior CrimeStoppers in northern Indiana," stated Jagers.

"Senior CrimeStoppers works! Nationally, Senior CrimeStoppers has reduced the number of crime incidents by 94%," stated Clinard during the charter presentation. The strength of the Senior CrimeStoppers program is in working with concerned, proactive members of the senior housing industry, like Byron Health Center. This program provides safer communities for residents, family members and staff – a winning situation for all concerned.

## Byron Health Center Celebrates Phyllis Arvola

### LPN Thanked for Her 38 Years of Service

Byron Health Center honored Phyllis Arvola, LPN, with a reception featuring cake in the Activity Room on May 30<sup>th</sup>. Phyllis has served many different residents throughout the facility during her many years of service, but spent the last 16 years part-time at Miller's Place where she was joined by her

daughter, Audrey, who is also an LPN, for most of that time. Phyllis has always been the volunteering-type and now continues that tradition here at Byron Health Center with Bingo and at Parkview Health in Whitley County.

Congratulations Phyllis! You will be missed.



## Byron Health Center Celebrates Dr. James Pennington

### Optometrist Dedicated 42 Years to Serving Residents

Byron Health Center honored Dr. James Pennington with a reception featuring cake in the Activity Room on June 19<sup>th</sup>. Dr. Pennington was one of the final few physicians actually employed by Byron Health Center. Most are contracted

Dr. Pennington was presented an engraved wristwatch in recognition of his great service

to the residents. Dr. Pennington was joined by his wife at the reception. They plan on filling their days with travel to Europe in the near future.

Congratulations Dr. Pennington! You will be missed.



achieving an overall 4-Star community rating as determined by the Centers for Medicare & Medicaid Services (CMS) as of March, 2014. CMS created the 5-Star Quality Rating System, which gives each nursing home a rating of between 1 and 5 stars, to help

Medicare's minimum quality requirements. The most recent survey findings are weighted more than the prior two years. More than 200,000 onsite reviews are used in the health inspection scoring nationally. Byron Health Center currently has a 4-Star rating for health inspections.

- Staffing – The staffing rating has information about the number of hours of care on average provided to each resident each day by nursing staff. This rating considers differences in the level of need of care of residents in different nursing homes. For example, a nursing home with residents who had more severe needs would be expected to have more nursing staff than a nursing home where the resident needs were not as high. Byron Health Center currently has a 4-Star rating for staffing which includes a 3-Star rating specifically for Registered Nurse staffing.

- Quality Measures (QMs) – The quality measure rating has information on 9 different physical and clinical measures for nursing home residents - for example, the prevalence of pressure sores or changes to resident's mobility. This information is collected by the nursing home for all residents. The QMs offer information about how well nursing homes are caring for their residents' physical and clinical needs. More than 12 million assessments of the conditions of nursing home residents are used in the 5-Star rating system. Byron Health Center currently has a 2-Star rating for QMs.

An overall 4-Star community rating means Byron Health Center is well on its way toward achieving the best possible level of resident-centered care. Of the 516 nursing homes in Indiana, only 138, or 26.7% have an overall 4-Star or above community rating.



## Byron Health Center Achieves an Overall 4-Star Community Rating

### Resident-Centered Care Leads to Substantial Accomplishment

Byron Health Center continues to excel in resident-centered care as shown by

consumers, their families and caregivers compare nursing homes more easily. Nursing homes with 5 stars are considered to have much above average quality and nursing homes with 1 star are considered to have quality much below average. There is one overall rating for each nursing home, and then a separate rating for each of the following three sources of information:

- Health Inspections – The health inspection rating contains information from the last 3 years of onsite inspections, including both standard surveys and any complaint surveys. This information is gathered by individuals who go onsite to the nursing home and follow a specific process to determine the extent to which a nursing home has met

## Residents Enjoy Classical Music Concerto

### Fort Wayne Philharmonic Brass Quartet Visits Byron Health Center

The residents of Byron Health Center enjoyed the classical sounds of the Fort Wayne Philharmonic in the Activity Room on April 29<sup>th</sup>. Fort Wayne Philharmonic musicians perform quarterly for the residents of Byron Health Center through the Audiences Unlimited program. The Brass Quartet performed at the spring time concert playing such well known songs as *Rondeau* by Jean-Joseph Mouret; which is more commonly known as the theme from *Masterpiece Theatre*; and Gottfried Reiche's *Abblasen*; more commonly known as the theme from CBS News' Sunday Morning. "It's a great opportunity for the residents to encounter several types of classical music," said Elizabeth Johnson, Byron Health Center Director of Activities. "We are very grateful to be able to listen to the wonderful sounds produced by these amazing musicians."



## Residents Boogie at Spring Dance

### Fun and Frolic Found in Byron Health Center Activity Room

The residents of Byron Health Center celebrated spring's arrival with a dance in the Activity Room on April 23<sup>rd</sup>. Several residents attended the festivities and danced to the sounds of "The Twilighters" who play a mix of oldies and more contemporary songs. Many residents were able to 'shake their tail-feather' as the three-piece band even took requests.



"Our residents are always looking for an excuse to put

The fun began just after dinner and continued into the evening. Bright, pastel colors reigned as both the decorations and the snacks reflected a spring time theme. Residents enjoyed sugar cookies iced in pinks, yellows and blues. Many residents dressed up in their 'Easter-finest' clothes to welcome the new beginning of spring.

their dancing shoes on," said Elizabeth Johnson, Byron Health Center Director of Activities. "This time, the excuse was the long-awaited arrival of spring!"



## EASTER BASKETS FOR LADIES



Byron Health Center Ladies Memory Care neighborhood residents received a special visit from a special friend just before Easter this year. Tonya Vojtkofsky created distinctive baskets filled with sweets and a stuffed animal for the ladies.

Director of Life Enrichment Elizabeth Johnson helped Tonya distribute the baskets to our Ladies on the 2<sup>nd</sup> floor on April 18<sup>th</sup>. Thank You Tonya!

### FAST FACTS

One uniqueness of Byron Health Center is perhaps best found in the profile of its residents.

13.3%

13.3% of Byron Health Center residents are considered intellectually or developmentally disabled.



1.3%

Nearly 10 times the overall national average, which is only 1.3%.



Special Friend Creates Easter Baskets for Ladies' Memory Care Neighborhood

## WITH THE FORT WAYNE TINCAPS



### Go TinCaps!

Byron Health Center residents enjoyed excellent seats behind home base at Parkview Field to cheer on the Fort Wayne TinCaps on May 27<sup>th</sup>. The TinCaps defeated Dayton 5-4.



### Take Me Out to the Ballgame

Byron Health Center Life Enrichment Specialist Nichole Wallin smiles for the camera along with a resident during the April 30<sup>th</sup> Fort Wayne TinCaps' game at Parkview Field.



### Where's Johnny

Can you find Johnny in the photo? Byron Health Center Residents enjoyed an early season baseball game on April 30<sup>th</sup> at Parkview Field even though the TinCaps lost to Great Lakes 4-15.





## Byron Health Center Residents Celebrate Cinco de Mayo with a Fiesta

May 5<sup>th</sup> was a special day at Byron Health Center. Cinco de Mayo was celebrated with a special fiesta and dance in the Activity Room. Mexican-themed decorations and snacks, like chips and salsa or guacamole, were enjoyed as nearly 50 residents gathered to dance and appreciate the south-of-the-border sounds of Jay & Patrice. Residents and staff took turns on the dance floor and even enjoyed the 'hat dance' around a Mexican sombrero. Smiles abounded at the fiesta, even though the 'margaritas' were missing the tequila. It was a *fiesta muy buena* for the residents and staff to enjoy.

# Byron Health Center Newsletter

12101 Lima Rd  
Fort Wayne, IN 46818

[Addressee]  
[Street Address]  
[City, ST ZIP Code]